

MCLB Albany Annual Run For Relief 2004

Half Marathon, 5K and 1 Mile Fun Walk/Run MCLB Albany, GA Saturday 15 May 2004

Web Entry Form: www.ala.usmc.mil/run4relief

Location: Start & Finish at the parking lot next to Covella Pond,

MCLB, Albany, GA

Times:

Half Marathon: 8:00 A. M. 5K: 8:20 A. M. 1 Mile Fun Walk/Run: 9:00 A. M.

Entry Fee: \$12.00 for early registration, \$15.00 day of Event

T-Shirts: Each registered participant will receive a quality T-Shirt

on Race Day

POC: Race Coordinator, 1stLt Kim Verhegge at (229) 639-5105/7140 or

verheggeka@logcom.usmc.mil

Tax ID Number: The Society is exempt from Federal Income tax under section

501(c)(3) of the Code. Tax ID number: 53-0204618

Age Groups

Half Marathon/5K: 14 & under; 15-19; 20-24;25-29;30-34;35-39;40-44;

45-49; 50-54; 55-59; 60-64; 65-69; 70 +

1 Mile Fun Walk/Run: Open to all ages (trophies will be provided for

children 13 and under only)

Registration Form (Please print and complete entire form)

Circle Choice: Half Marathon 5K Fun Walk/Run

 Name:
 Age on Race Day:
 M/F:

 Address:
 City:
 State:
 Zip:

 Email:
 Email:
 Day:
 M/F:

T-Shirt Size (Circle One): M L XL

Waiver:

Please read and sign: I, the undersigned, do hereby waive and release all rights and claims for damage I may have against the U.S. Marine Corps and MCLB Albany, and all sponsors, officials, and volunteers of this race from any liability arising from illness, injury or damage I may suffer as a result of my participation in this event. I authorize the organizers and support personnel to obtain and administer medical aid in the event of its necessity. I also give permission for free use of my name and photographs in any broadcast, telecast, or print media account of this event. I attest and clarify that I am physically fit and have trained sufficiently for this event.

Signature: (Parent/guardian if under 18)_______Date:_____

Make Checks payable to: NMCRS Fund Drive

Mail to:

ATTN: 1stLt Kimberly A. Verhegge Personnel Officer/S-1 Marine Corps Logistics Base 814 Radford Blvd Ste 20324 Albany, GA 31704-0324